

EARS & EYEBALLS

LOCK DOWN - WEEK 16 - THE NEW NORMAL



AFTER WORK

SAY I DO - Every couple in this series has a great story. If you liked Don't Tell The Bride with a sprinkling of Queer Eye for the Straight Guy you will enjoy. Even if you didn't, this is about couples telling you why they love each other most are already married but this show is letting them have their dream wedding. Get those tissues ready! This has style and substance. [NETFLIX](#)

DATE NIGHT

STATE OF THE UNION - Every episode is 10 mins long - yes TEN MINUTES. Written by Nick Hornby, a couple catch up 10 mins before their marriage counselling session. Funny and yet deep. [BBC IPLAYER](#)

SHAME - Michael Fassbender stars in this film about a man addicted to sex but fearful of intimacy. [4OD/ FILM 4](#)

IRON & WATCH

WARRIOR NUN - It's like all fantasy/ vampire seasons - the kind of thing you watch with one eye on the screen and the other on your phone or whatever else you're doing. A nun wakes up in a morgue and finds she's got powers to fight good and evil. Enough said. [NETFLIX](#)

MISS AMERICA - A series where every episode focuses on an American woman who has somehow shaped America or that you should know about but don't eg Shirley Chisholm the first and only Black woman to run for president of the USA. [BBC IPLAYER](#)

WINE & CUT THE CHAT/HOW HAVE I NOT SEEN THIS?

IN BETWEEN - One of my top 5 films.. It is an unapologetic, honest film about three Palestinian women as they navigate their lives in between two worlds: the freedom they want and the reality they face - arranged marriages, gay love and partying. The writer/ director received a fatwa/ death threat from the Palestinian State for this film. All the more reason to watch it. [Channel 4/ 4OD](#)

RELEASED THIS WEEK
STATELESS is out on NETFLIX and is what I will be watching all weekend. It shines a spotlight on the flawed Australian Immigration system.

KIDS CORNER

FROZEN 2 - Here we go again for another round of singing Let It Go. Elsa goes on journey of self discovery because even she's not happy even though she's a princess and has the power to create snow! [SKY CINEMA](#)

DUVET DAY

TREME- From the same writer of **THE WIRE**, this is set in New Orleans after Hurricane Katrina. It is so good and the jazz music. Bliss! [SKY/NOW TV](#)

THE LONG SONG - From the writer of **Small Island**, this tv series takes place in Jamaica just after the abolition of slavery and follows the life of July and her evil mistress Miss Caroline. What's interesting is it looks at how slaves cope with their freedom. It's well written, acted and has a dark thread of humour running throughout. [BBC IPLAYER](#)

JUST WANT TO WATCH SOMETHING GOOD

TWO DAYS, ONE NIGHT- Sandra is going back to work after sick leave. Her boss realises that she's not really needed if everyone else agrees to work an extra hour. He offers them €1,000 to work extra. They all have to vote: take the money or save Sandra? Savage and thought provoking. [BBC IPLAYER](#)

SORRY WE MISSED YOU- Ken Loach and writing partner Paul Laverty strike again. It's a visceral and shocking film of a family whose life is torn apart piece by piece by what's supposed to help them get independence, the father becoming a delivery driver, trapping them in a cycle of misery. [AMAZON PRIME](#)

INTOUCHABLES/ UNTOUCHABLE- Simply one of my favourite films of all time. A French film about a rich paraplegic and the street wise man who comes to be his helper. The second highest grossing French film of all time. It is so funny, touching, honest. Brilliant. [AMAZON PRIME](#)

SCRIBE CHANNEL - A taut, psychological thriller of a transcriber who hears something he shouldn't which puts his life in danger. [CHANNEL 4/ 4OD](#)

MEN AND CHICKEN - Bill Pullman is back as, Harry Ambrose, detective that unpacks every little detail to get to the truth. This time it is Matt Boner in the hot seat. [CHANNEL 4/4OD](#)

IED - IMPROVE EVERY DAY - is a documentary about Stevie Richardson, an Iraq war veteran (severely injured after stepping on an IED) who goes off to compete in Arnold Schwarzenegger's iron man for disabled competitors It's an inspirational, darkly funny and touching documentary about survival, hope and male vulnerability. [AMAZON PRIME](#)